

# NAD+ SUMMIT LEARNING OBJECTIVES



- **Introduction and Advanced Look into NAD+**

- How NAD+ affects the body and it's importance for an effective anti-aging patient
- How NAD+ is made and utilized by the body
- Can NAD+ be supplemented and if so by what clinical means?
- Increasing NAD+ production and its consequences

- **The Cellular Pathways of NAD+ and How To Communicate It To Your Patients**

- The Essential Cellular Pathways of NAD+
- Why these are essential to aging
- How these pathways impact patient protocols
- How To Communicate This To Your Patients
- Cut through the buzzwords surrounding NAD+ and understand the science so you can apply the best approach for your patients.

- **NAD+ Cycling**

- What it is, when it is applicable, and why it is important to know
- How can it be applied to patient plans to make significant differences in anti-aging and (disease?) prevention

- **The "Best" Way To Have Your Patient Produce More NAD+**

- The Precursors You Should Be Providing
- The Changes You Should Have Them Make

- **NAD+ Applications - What Works, What Doesn't, and Everything in Between**

- IV NAD+ - everything you need to know about effective clinical uses
- Subcutaneous NAD+ - everything you need to know about effective clinical uses
- How to decide between these two approaches
- The Truth about NAD+ oral supplements

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- **Which Systems NAD+ influences and How it Can Be Modulated**

- Anti-aging
- How NAD+ is the Gatekeeper For Some of the Most Important Anti-Aging Processes

- **From The Basics of NAD+ to Mastery in 50 Minutes**

- Guest Speaker - William Curtis, Scientist and Author of several medical publications with Dr. Veech.
- The Power Grid: NAD+ vs NADH

- **Personal Journey: Overcoming Parkinson's Disease By Manipulating NAD+**

- Guest Speaker - William Curtis, Scientist and Author of several medical publications with Dr. Veech.

- **How To Harness the Life-Giving and Life-Taking Power of Bio-Electrons**

- Guest Speaker - Dayan Goodenow, PhD, Neuroscientist, Biochemist
- The Bioelectrochemistry of NAD+, Oxidative Stress, Inflammation, and Cellular Degeneration

- **NADPH, NAD+, and Neurodegenerative Diseases**

- Guest Speaker - Patrick Bradshaw, PhD, One of the world's leading scientists on Acetyl-CoA
- Effective Strategies to Prevent NAD+ & NADPH Loss
- NAD+'s Impact on Neurodegenerative Disease: Alzheimer's, Dementia, and More